



# africActive

## A GIVING CULTURE

## VOLUNTEER ORIENTATION INFORMATION

---

**THANK YOU FOR SHARING YOUR TIME WITH US TO HELP FEED OUR COMMUNITY!**

### WHAT TO EXPECT

#### **HERE IS HOW A TYPICAL SATURDAY RUNS:**

- A truck and trailer will arrive
- We will offload and then setup and arrange tents and then tables
- We offload food from the trailer onto tables and palettes
- We'll arrange the food in an assembly line
- We'll take food out of boxes and put into bins so we can reuse the boxes
- Everyone takes a spot along assembly line where we slide boxes along and fill with our food items
- Filled boxes are distributed to walk-up and drive-thru clients
- When the food has been shared we clean tables, disassemble the tents and reload them into the truck
- Final trash cleanup of site

### FOOD HANDLING RULES

- 1. FOOD CANNOT TOUCH THE GROUND** - Place items on palettes and tables
- 2. FOOD CANNOT BE IN THE SUN** - Under tents and tarps

\*We will supply gloves to handle loose food.

## GENERAL STUFF

- HAVE FUN! **Everyone** here is a volunteer and this is an opportunity to meet great like-minded people while actively helping our community
- Ask, ask, ask ... volunteer supervisors (wearing Africactive shirts and gear) will guide you in the right direction
- There are no 'jobs' here ... You'll be assigned tasks. If you'd prefer a different task just speak up and let us know. We'll find things for you to do to help in the best way you can ... everything contributes.

## HEALTH AND SAFETY

- Ensure you are hydrated
- Stay in the shade and wear a hat, especially if it's sunny
- Take rest breaks as needed
- Never lift more than you can handle - there are more than enough people to help
- When you are lifting, lift with legs (not bent over)
- Always ask for help if you need it
- Don't run or rush ... we always serve everyone in time
- Stay off drive thru area
- Rest rooms are located within the park ... we'll show you where
- If you need first aid no matter how minor, please see a volunteer immediately

## CO-OP SIGN OUT

- When we're done we'll share a QR code for logging your hours and can sign sheets if necessary

**WE APPRECIATE YOU!**

**THANK YOU FOR BEING A PART OF A**

**GIVING CULTURE!**